MASSAGE THERAPY

Master Plan of Instruction

- Demonstrate the ability to communicate effectively as a medical therapy professional.
- Demonstrate an understanding of human anatomy and physiology, kinesiology and pathology as related to the practice of massage therapy.
- Exhibit an understanding of the principles of the theories of therapeutic massage and demonstrate the proper techniques of massage manipulations.
- Demonstrate the recommended safety, hygiene and health practices for the massage therapist.
- Exhibit an understanding of the principles of the theory of hydrotherapy and use hydrotherapy modalities.
- Explain and appropriately apply allied modalities related to massage therapy.
- Demonstrate knowledge of ethical practice standards and the statutes and rules of Florida Massage Practice Act and the rules of the FL Board of Massage Therapy (Chapter 480, F.S.; Chapter 64b7; Chapter 456).
- Demonstrate knowledge of basic business practices and standards.